

September 1 - September 30

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Meatballs with Sauce on a W/G Sub Roll-1 Diced Carrots-1 c. Fresh Apple-1 Milk-8 oz.	2 DOMINOS W/G PIZZA SLICE-1 Romaine Salad w/ Dressing-1 1/2 c. Mandarin Orange Cup-1/2 c. Milk-8 oz.
5 LABOR DAY SCHOOL CLOSED	6 All Beef Hamburger on a Whole Wheat Bun-1 Diced Carrots-1 c. Fresh Apple-1 Milk-8 oz.	7 Turkey on a Whole Grain Potato Bun-1 Fresh Baby Carrots w/ Dip-1 c. Fresh Apple-1 Milk-8 oz.	8 Grilled Chicken Parmigiana-4 oz. Green Beans-3/4 c. Mixed Fruit Cup-1/2 c. Whole Wheat Dinner Roll Milk-8 oz.	9 DOMINOS W/G PIZZA SLICE-1 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.
12 Breaded Chicken Fillet on a Whole Wheat Bun-1 Green Beans-3/4 c. Diced Pear Cup-1/2 c. Milk-8 oz.	13 Salisbury Steak with Gravy-3 oz. Mashed Potatoes-3/4 c. Whole Wheat Dinner Roll Fresh Orange-1 Milk-8 oz.	14 All Beef Italian Sub-1 (Beef Bologna, Beef Salami, and American Cheese) Cold Corn Cup-3/4 c. Fresh Orange-1 Milk-8 oz.	15 All Beef Hot Dog on a Whole Wheat Hot Dog Bun-1 Vegetarian Beans-3/4 c. Fresh Banana-1 Milk-8 oz.	16 DOMINOS W/G PIZZA SLICE-1 Romaine Salad w/ Dressing-1 1/2 c. Diced Peach Cup-1/2 c. Milk-8 oz.
19 Chicken Fingers-3 Corn-3/4 c. Fresh Orange-1 Whole Wheat Dinner Roll Milk-8 oz.	20 Beef Nachos with Shredded Cheddar Cheese Cup-5 oz. Green Beans-3/4 c. W/G Tortilla Scoops-1 oz. Applesauce Cup-1/2 c. Milk-8 oz.	21 Sliced Chicken and Cheese on a W/G Kaiser Roll-1 Celery Sticks w/ Dip-3/4 c. Fresh Banana-1 Milk-8 oz.	22 W/G Popcorn Chicken-3.8 oz. Vegetarian Beans-3/4 c. Whole Grain Bread Fresh Apple-1 Milk-8 oz.	23 DOMINOS W/G PIZZA SLICE-1 Romaine Salad w/ Dressing-1 1/2 c. Mandarin Orange Cup-1/2 c. Milk-8 oz.
26 W/G Chicken Nuggets-4 Diced Carrots-1 c. Fresh Orange-1 Whole Grain Bread Milk-8 oz.	27 BREAKFAST FOR LUNCH French Toast Sticks w/ Syrup-3 Turkey Sausage Links-3 oz. Celery Sticks w/ Dip-3/4 c. Diced Pear Cup-1/2 c. Milk-8 oz.	28 Turkey Ham and Swiss Cheese on W/G Potato Bread-1 Potato Salad Cup-3/4 c. Fresh Apple-1 Milk-8 oz.	29 Chicken Tacos with Shredded Cheddar Cheese on a W/G 6" Soft Taco Shell-2 Black Beans-3/4 c. Fresh Banana-1 Milk-8 oz.	30 DOMINOS W/G PIZZA SLICE-1 Romaine Salad w/ Dressing-1 1/2 c. Applesauce Cup-1/2 c. Milk-8 oz.